

What's the buzz all about? Mindfulness and meditation are transforming people's lives -- let's build your conscious community! Dr. Gina Bartucci, a licensed clinical psychologist and mindfulness coach, would love to bring her expertise and enthusiasm around mindfulness into your home. Her warmth and loving presence will create the space for you and your friends to learn what it means to be mindful.

Dr. Gina is available for a two-hour customizable evening or weekend program at your home with your nearest and dearest.

## CREATING YOUR CONSCIOUS COMMUNITY: MINDFULNESS/MEDITATION GATHERINGS SCHEDULE YOURS TODAY! COSTS START AT \$35 PER PERSON

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